

# Welcome Back, Sophomores!

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Sophomore Class Meeting – Thursday, September 1, 2022



# Our Mission...

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At Shawsheen Valley Technical High School, it is our mission to provide a positive learning experience in a safe educational environment that encourages all students to reach their full potential, emphasizes the value of a strong work ethic, and *prepares them for adult life in a competitive world.*



# Our Mission in Action...

## CONGRATULATIONS TO OUR NATIONAL SKILLSUSA MEDALISTS!!!



SkillsUSA Nationals – June 2022		
<b>GOLD</b>	<b>HVAC-R</b>	<b>Cole Kelley (10)</b>
<b>SILVER</b>	<b>Graphic Communications</b>	<b>Leslie Cota (11)</b>
<b>SILVER</b>	<b>Health Knowledge Bowl</b>	<b>Hope LeDoux (10)</b>
<b>SILVER</b>	<b>Health Knowledge Bowl</b>	<b>Katrina Realejo (12)</b>
<b>SILVER</b>	<b>Health Knowledge Bowl</b>	<b>Ella Reardon (11)</b>
<b>SILVER</b>	<b>Health Knowledge Bowl</b>	<b>Julianna Wiitala (12)</b>
<b>SILVER</b>	<b>Nurse Assisting</b>	<b>Cailey McDevitt (12)</b>

# Our Mission...

- Positive learning experience
- **Safe educational environment**
- Full potential of students
- Strong work ethic
- *Prepare for adult life in a competitive world*

# How We Achieve It

- Student cooperation and understanding
- Passionate & qualified staff
- Supports for students
- Rules, procedures, and **accountability**
- Industry/real-world expectations



# What is Bullying?

Bullying is unwanted, aggressive behavior that involves a real or perceived power imbalance. The behavior is repeated, or has the potential to be repeated, over time. There is a clear intent to harm the victim, socially, emotionally or physically

The real or perceived "imbalance of power," can be physical, social, or emotional.

Bullying is repetitive behavior; however, bullying can also occur in a single incident if that incident is either very severe or arises from a pattern of behavior.



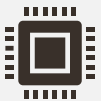
# What is Cyberbullying?



Cyberbullying is [bullying](#) that takes place using electronic technology. Electronic technology includes devices and equipment such as cell phones, computers, tablets, iPads, etc., as well as social media sites, text messages, chat, and websites.



Examples of cyberbullying include cruel text messages or emails, rumors sent by email or posted on social network sites, videos or photos, etc. The behavior hurts, humiliates, or harms another person physically or emotionally.



Cyber Bullying can lead to serious harmful outcomes for the victim.



We all feel emotions & bullying can cause lasting harm.

Support your peers, don't tear them down. Don't be a bystander.

If you see something, report it.

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# What is Discriminatory Harassment?



"Harassment" means unwelcome conduct on the basis of gender, gender identity, race, age, color, national origin, disability, or religion that is sufficiently severe, persistent, or pervasive to create or contribute to a hostile environment for the individual at school.

Harassment may include insults, name-calling, off color jokes, threats, comments, innuendoes, notes, display of pictures or symbols, gestures or other conduct which rises to the level of a hostile environment.

Your intent does not matter - it is the impact that matters.

Even if you are "joking" with friends, you could be creating a hostile environment for others in that space.



# Responding to Stress & Conflict

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## Healthy Strategies:

- Walking away from the conflict
- Taking a deep breath
- Reporting concerns to a staff member/trusted adult
  - Guidance, Dean's office, Administrator, Teacher, Coach, Nurse, etc.
- Talk to your parents/guardians/family
- **\*Don't react in the moment, wait until you can think and respond appropriately\***



# Alice Response & Fire Drill Reminders

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## Fire Drills/Alarms

- If you hear a fire alarm, calmly exit the building and follow your teacher outside to a safe location – remain there until cleared to enter
- If you are not in class/shop, calmly exit the building at the nearest location and stay with another teacher/class until cleared to enter – **do not spend extra time in the building reporting back to your class/shop**

## ALICE Response Procedures

- If there is a dangerous intruder evacuate the building if possible and get away from the danger
- If evacuation is not possible due to the location of the intruder, barricade the area you are in and remain quiet
- We will always announce the dates of ALICE drills in advance – no surprise drills



# Do YOUR PART to keep Shawsheen a SAFE Place!

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- Be a friend not a bully
- **Think** before you act or speak?
  - How will this impact others?
- Be **kind** to others
- Disagree **respectfully**
- Be who you are without judging others
- Report concerns to staff members



# New Assistant Principal – Mr. Caruso

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- Working with the Dean's office to support students
- Working with club/activity advisors to increase student leadership opportunities
- Bullying, Civil Rights, & Title IX Investigations & Reporting
- Working with administration & teachers to support students



# Reminders from the Dean's Office

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- The Dean's office is a resource to students - report any concerns you have regarding issues with other students, bullying, or harassment to **Ms. Tobin, Dean of Students**
- Make good choices and have a successful year! To do so, make sure you understand the:
  - Attendance Policy (section 3 of the SVTHS Student Handbook)
    - 7+ days absent in one quarter = automatically fail that quarter & ineligible for sports/clubs/activities/proms/dances during the next quarter
    - 5+ absences in two different quarters = probation for the rest of the term
    - Excessive tardiness = loss of parking pass (after 10) and detentions for each tardy (starting with 11th tardy)
  - Discipline Policy (section 5 of the Student Handbook)
    - Treat yourself and others with respect
    - Use cell phones before & after school and during lunch ONLY
    - Throw away all food/drinks/coffee before reporting to homeroom in the morning
  - Eligibility – MIAA & Shawsheen (section 7 of the Student Handbook)
    - Drug & Alcohol Violations
      - MIAA consequences for Athletes (whether violation was on or off campus – also includes tobacco violations)
      - Shawsheen consequences as well
    - Academic Eligibility
      - Must pass at least 35 credits worth of courses each quarter to be eligible for sports/clubs/activities/proms/dances during the next quarter



# Guidance Counseling & Health Services

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**Mr. Carlson** – Director of Guidance and Health Services

## Guidance Counseling Department

### What we do:

- Academic, career, and post-secondary planning
- Technical program planning
- Armed services information and planning
- Scheduling conflicts
- Social-emotional support
- Crisis intervention/resources
- Job placement and career counseling
- Work and Driver permits

### Guidance Counselors:

- **Mr. Harrison** – Advanced Manufacturing, Auto Body, Automotive, Dental Assisting, Medical Lab Assisting and Metal Fabrication
- **Ms. Henry** – Business Tech, Drafting, Graphic Arts, Health Assisting, Masonry
- **Ms. McFadden** – Carpentry, Electrical, HVAC, Plumbing
- **Ms. Samaha** – Cosmetology, DVC, Electronics/Engineering, ISSN



# Guidance Counseling & Health Services

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## Health Services Department

### What we do:

- Care for students with chronic medical diagnoses.
- Routine & emergency first aid treatment.
- Health education.
- Mandated screenings.
- Medication administration.

### School Nurses:

- Ms. Brophy
- Ms. West
- Ms. DeMarco

**\*Please turn in your medical forms if you haven't already**





# Guidance Info for Sophomores

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- Begin the process of developing a career plan with your Guidance Counselor.
- MCAS testing this spring.
- Counselors will be visiting your shop/related class to complete college/career search activities on Naviance.
- Concurrent Enrollment (Dual Enrollment)– Opportunity to take college level courses and receive college credit as well as high school credit.
- At the end of February, we will be offering you the PSAT 10 Exam for anyone interested in taking a Concurrent Enrollment class next year. Middlesex Community College requires you take the PSAT and to get a score of 480 or higher on the Evidence-Based Reading and Writing portion of the exam in order to qualify for Concurrent Enrollment classes.



# Student Responsibilities for School Laptops

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## **Ms. Schrimpf – Director of Educational Technology**

- Bring your laptop to school every academic week, and if instructed for shop week
- Bring your laptop to school fully charged everyday
- Bring your charger to school everyday
- Shut down your laptop completely when leaving for school and leaving home
- Run updates as needed
- Follow the Acceptable Use Policy located in Shawsheen Student Handbook



# Academic Updates

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## Ms. Johnston – Director of Academic Programs

- Schedules are set - see your guidance counselor with any course change concerns
  - Course changes are **not** made for specific teacher requests, lunch requests, etc.
- New Year = Fresh Start
  - Start off the year strong as you continue to build your high school transcript & work toward your post-secondary goals
- MCAS Year
  - Your teachers are here to prepare and support you to be successful – work with them



# Vocational/Technical Updates

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## Mr. Norkiewicz – Director of Vocational/Technical Programs

- Getting a solid foundation in your vocational/technical program, especially the theory (related class)
- Get involved with extracurricular activities, such as SkillsUSA
- Time to focus on your career path – Set goals and work toward them
- Set yourself up to be a strong candidate for co-op at the end of your junior year



# CLASS OF 2025 UPDATES

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## Mr. Bendel – Sophomore Class Advisor

- The Sophomore Class Officers will be having their first meeting next week.
- Mr. Bendel will send out a communication with the exact date and time.
- Please email Mr. Bendel if you are interested in getting involved – [gbendel@shawtech.org](mailto:gbendel@shawtech.org)



Be Great ROLE MODELS  
and  
Have an AWESOME  
SOPHOMORE YEAR!

